

# CENTRAL UNIVERSITY OF HARYANA

Term End Examinations January 2023

Programme: Advance Diploma in Child Guidance and Counselling

Session: 2022-23

Semester: II

Max. Time: 3 Hours

Course Title: Family Interventions

Max. Marks: 70

Course Code: SHSS PSY 05 02 06 C 3126

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## Instructions:

1. Question no. 1 has seven parts and students are required to answer any four. Each part carries three and half Marks.
2. Question no. 2 to 5 have three parts and student are required to answer any two parts of each question. Each part carries seven marks.

Q 1. (4X3.5=14)

- a) Critically analyze the differences between guidance and psychotherapy.
- b) Write about the importance of family therapy.
- c) Briefly describe the role of case worker in social practice.
- d) Write a short note on diagnostic work up in social practice.
- e) What are the contraindications of family guidance?
- f) Discuss the concept of joint solution finding in social casework practice.
- g) Write about the practice guidelines for parent child therapy.

Q 2. (2X7=14)

- a) Discuss the basic skills required for counselling.
- b) What are the various types of family interventions?
- c) Write about the various principles of social case work practice.

Q3. (2X7=14)

- a) Discuss the process and steps involved in social case work practice.
- b) Write about the important elements of case worker and client relationship.
- c) Explain the importance of home and school visits of social case workers.

Q 4. (2X7=14)

- a) Discuss various disability and pervasive developmental disorders.
- b) What are the different skills required for family guidance? Explain with example.
- c) Discuss the process of synthesizing a workshop and explain it's importance in empowering parents of disabled children.

Q 5. (2X7=14)

- a) Discuss the practice guidelines and their importance in family guidance.
- b) Write about the various theoretical constructs of parent child interaction therapy.
- c) Write a short note on process and indication of parent child interaction therapy.



# CENTRAL UNIVERSITY OF HARYANA

Term End Examinations January 2023

Programme: Post Graduate Diploma in Rehabilitation Psychology

Session: 2022-23

Semester: II

Max. Time: 3 Hours

Course Title: Community Based Rehabilitation

Max. Marks: 70

Course Code: SHSS PSY 04 02 05 C 4105

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## Instructions:

1. Question no. 1 has seven parts and students are required to answer any four. Each part carries three and half Marks.

2. Question no. 2 to 5 have three parts and student are required to answer any two parts of each question. Each part carries seven marks.

Q 1. (4X3.5=14)

- a) Define the concept of Community Based Rehabilitation.
- b) What is the importance of liaison formation with local organization for rehabilitation?
- c) How continued supervision of home program affect rehabilitation?
- d) Briefly describe the vocational training for disabled persons.
- e) How the enrolment of persons with disabilities in school can be enhanced?
- f) Discuss the major problems faced by persons with disability in accessing loans.
- g) Write a short note on political participation of persons with disabilities.

Q 2. (2X7=14)

- a) What are the goals and objectives of community-based rehabilitation?
- b) Discuss the various principles of community-based rehabilitation.
- c) Elaborate upon major components of community-based rehabilitation?

Q3. (2X7=14)

- a) Explain the provisions of long-term care facilities of rehabilitation.
- b) Discuss the various methods for preventing the causes of disability.
- c) Write a short note on creation of income generating opportunities for person with disabilities.

Q 4. (2X7=14)

- a) Describe the role of Community Based Rehabilitation professional in advocating for disabled people.
- b) Initiatives of community are important in removing the barriers affecting exclusion. Explain.
- c) Discuss the importance of community awareness raising program.

Q 5. (2X7=14)

- a) Conceptualize the process of training in mobility and daily living skills for person with disabilities.
- b) What are the various approaches for empowerment of persons with disabilities?
- c) Rationalize the importance of self-help groups and organizations working for persons with disability.



# CENTRAL UNIVERSITY OF HARYANA

Term End Examinations January 2023

**Programme: Advance Diploma in Child Guidance and Counselling**

**Session: 2022-23**

**Semester: II**

**Max. Time: 3 Hours**

**Course Title: Integrating Interventions**

**Max. Marks: 70**

**Course Code: SHSS PSY 05 02 09 C 3126**

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## **Instructions:**

1. Question no. 1 has seven parts and students are required to answer any four. Each part carries three and half Marks.
2. Question no. 2 to 5 have three parts and student are required to answer any two parts of each question. Each part carries seven marks.

Q 1. (4X3.5=14)

- a) Critically analyze the WHO model of school mental health.
- b) Write about the importance of pedagogy of training.
- c) Briefly describe the role of workshops for parents and teachers.
- d) Write a short note on crisis intervention.
- e) What is the importance of supportive counselling?
- f) Briefly discuss the common traumas experienced during childhood.
- g) Child abuse and childhood trauma have long lasting effect on personality of an individual. Explain.

Q 2. (2X7=14)

- a) Discuss the concept of planning mental health program for schools.
- b) What are the various types of training programs for training teachers and parents?
- c) Write about the need assessment strategies for mental health programs.

Q3. (2X7=14)

- a) Discuss the process and steps involved in conceptualizing assessment of intervention programs.
- b) Write about the importance of diagnostic workup during intervention.
- c) Briefly discuss the steps of planning interventions for children.

Q 4. (2X7=14)

- a) What are the after effects of trauma and child abuse on children?
- b) What will be the line of action of intervention program for children affected with childhood trauma?
- c) Discuss the issues faced by parents before and after counselling and intervention.

Q 5. (2X7=14)

- a) Discuss the role of effective counsellor. Use example to support the answer.
- b) Write about the conceptual framework for ethical decision making.
- c) What is the role of ethics in counselling? Discuss the major ethical concern in school system.



# CENTRAL UNIVERSITY OF HARYANA

Term End Examinations January 2023

**Programme: Advance Diploma in Child Guidance and Counselling**  
**Semester: Second**  
**Course Title: Group Work and Community Interventions**  
**Course Code: SHSS PSY 05 02 05 C 3126**

**Session: 2022-23**  
**Max. Time: 3 Hours**  
**Max. Marks: 70**

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**Instructions:**

1. Question no. 1 has seven parts and students are required to answer any four. Each part carries three and half Marks.

2. Question no. 2 to 5 have three parts and students are required to answer any two parts of each question. Each part carries seven marks.

Q 1. (4X3.5=14)

- a) Write about participatory monitoring for participation of community.
- b) What is a role play?
- c) How do self-help groups contribute in organizing a community?
- d) What do you understand by Leadership?
- e) Define community organization. Write the purposes of community organization.
- f) What is a Mock Session?
- g) Differentiate between Creative thinking and Critical Thinking with examples.

Q 2. (2X7=14)

- a) Explain the stages of Group Work.
- b) What are the task and treatment groups? Explain their characteristics
- c) Describe strategies to develop any five life skills

Q3. (2X7=14)

- a) What is Addie Model?
- b) How can you process group work by stimulation and games?
- c) Write about the various ways and levels of community participation.

Q 4. (2X7=14)

- a) Explain the various principles of community organization.
- b) How will participatory learning help in knowing the community? Explain with example.
- c) What are the stages of community awareness?

Q 5. (2X7=14)

- a) Explain the working of mental health service systems at community level.
- b) What is the importance of community organization in spreading awareness about mental health?
- c) Write a short note on integrating mental health activities into existing programs for children.





# CENTRAL UNIVERSITY OF HARYANA

Term End Examinations January 2023

Programme: Post Graduation Diploma in Rehabilitation Psychology

Session: 2022-23

Semester: Second

Max. Time: 3 Hours

Course Title: Rehabilitation Assessment and Counseling

Max. Marks: 70

Course Code: SHSS PSY 04 02 04 C 4105

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## Instructions:

1. Question no. 1 has seven parts and students are required to answer any four. Each part carries three and half Marks.
2. Question no. 2 to 5 have three parts and students are required to answer any two parts of each question. Each part carries seven marks.

Q 1. (4X3.5=14)

- a) What is assertiveness training?
- b) Differentiate between aptitude and interest with example.
- c) What is crisis intervention?
- d) What are the goals of rehabilitation counseling?
- e) What is confidentiality? Why is confidentiality important in counseling?
- f) Differentiate between directive and non- directive counseling approaches?
- g) Why is counseling important during job placement of rehabilitated population?

Q 2. (2X7=14)

- a) What is Assessment? What is the need of assessment in Rehabilitation Counseling?
- b) Explain any two assessment tools for cognitive functioning in detail.
- c) What is behavior modification? Explain any two techniques of BM.

Q3. (2X7=14)

- a) What are the ethical guidelines in counseling activities?
- b) What are the cultural and gender issues in counseling?
- c) What are the remedial techniques of learning problems?

Q 4. (2X7=14)

- a) Explain existential approach in the light of rehabilitation counseling.
- b) How will cognitive approach of counseling address anxiety disorders?
- c) What is anger management? Explain any 3 anger management techniques.

Q 5. (2X7=14)

- a) What is family counseling? How will you assess family functioning?
- b) What is Vocational Counseling? Explain its need.
- c) Explain any two assessment tools to measure aptitude and interest during skill development.

CENTRAL UNIVERSITY OF FINLAND  
Institute of Technology

Exam Code: 2023/2024  
Date: 15.12.2023  
Time: 12:00-14:00

Department of Information Technology  
Information Systems  
Course Title: Introduction to Information Systems  
Course Code: 2023/2024/IS/101

1. Question on the role of information systems in business and society.  
2. Question on the role of information systems in business and society.

- 10
- a) Information systems are used to collect, store, and process data.
  - b) Information systems are used to collect, store, and process data.
  - c) Information systems are used to collect, store, and process data.
  - d) Information systems are used to collect, store, and process data.

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- a) Information systems are used to collect, store, and process data.
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  - d) Information systems are used to collect, store, and process data.

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- a) Information systems are used to collect, store, and process data.
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- a) Information systems are used to collect, store, and process data.
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- a) Information systems are used to collect, store, and process data.
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  - d) Information systems are used to collect, store, and process data.

# CENTRAL UNIVERSITY OF HARYANA

Term End Examinations January 2023

**Programme: Advance Diploma in Child Guidance and Counselling**

**Session: 2022-23**

**Semester: Second**

**Max. Time: 3 Hours**

**Course Title: Intervention for Adolescents**

**Max. Marks: 70**

**Course Code: SHSS PSY 05 02 08 C 3126**

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## **Instructions:**

1. Question no. 1 has seven parts and students are required to answer any four. Each part carries three and half Marks.

2. Question no. 2 to 5 have three parts and students are required to answer any two parts of each question. Each part carries seven marks.

Q 1. (4X3.5=14)

- a) What is Career Counselling?
- b) State the procedure for Academic Profiling?
- c) What is Case Conceptualisation?
- d) Discuss the practice guidelines in counselling?
- e) What are Negative Automatic Thoughts? Explain their role.
- f) Elaborate upon the need of Family Life Education?
- g) Differentiate between interest and aptitude.

Q 2. (2X7=14)

- a) Describe MSE in detail.
- b) Explain the process of conduction of CBT.
- c) What is Cognitive Distortion and how do they arise?

Q3. (2X7=14)

- a) What are the indications and contraindications of CBT?
- b) What are the Cognitive Techniques of Intervention?
- c) How can Behavioral techniques help to manage mood and anxiety disorders?

Q 4. (2X7=14)

- a) Explain the steps to design FLE program.
- b) How will FLE help to deal with problems related to sexuality and reproductive health?
- c) What are the challenges in implementing FLE Programs?

Q 5. (2X7=14)

- a) Explain any two assessment tools useful in career guidance.
- b) What factors can influence career choices of adolescents?
- c) Explain the process of Career counseling.



# CENTRAL UNIVERSITY OF HARYANA

Term End Examinations January 2023

**Programme: Advance Diploma in Child Guidance and Counselling**

**Session: 2022-23**

**Semester: Second**

**Max. Time: 3 Hours**

**Course Title: Interventions for Children**

**Max. Marks: 70**

**Course Code: SHSS PSY 05 02 07 C 3126**

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## **Instructions:**

1. Question no. 1 has seven parts and students are required to answer any four. Each part carries three and half Marks.

2. Question no. 2 to 5 have three parts and students are required to answer any two parts of each question. Each part carries seven marks.

**Q 1. (4X3.5=14)**

- a) What is Skill Training?
- b) What is Mainstreaming?
- c) What is the meaning of indications and contraindications?
- d) What are the applications of play therapy?
- e) What is Asperger's syndrome?
- f) What are the causes of Emotional disturbances in children?
- g) What is the meaning of 'unconditional positive regard'?

**Q 2. (2X7=14)**

- a) What is the Play Therapy? Explain in detail.
- b) What are the theoretical underpinnings of Directive Play Therapy?
- c) What practice guidelines are followed in the Play Sessions?

**Q3. (2X7=14)**

- a) Critically evaluate non- directive approach of Play Therapy?
- b) How will you set up a play room?
- c) What role does therapist play in non- Directive Play sessions?

**Q 4. (2X7=14)**

- a) What are the skills that can support children having Mental Retardation?
- b) What are the social skills that can support children with behavioral disorders?
- c) What are the social or academic skills that can support children having Autism?

Q5.

(2X7=14)

- a) What is ADHD? How can children with ADHD be managed in academic setting?
- b) What provisions have been detailed by CBSE for children with learning problems?
- c) How can a less restrictive environment be established in schools?